

# Current Covenant Groups at First UU Church (New groups form regularly.)

Covenant Group Name	Purpose or Focus of Group
<b>New Group:</b> Men's Group	In this group, men will explore spiritual issues in light of the experience of being male. The exact subject matter and focus of the group will be determined by the members when the group convenes.
North East Neighbors	Spiritual growth and social connection. This group has been in operation for some time. We have dinner together and discuss a variety of topics. A recent topic was "just war."
Saturday Morning <b>Women's</b> Coffee Group	Spiritual growth and social connection. Our last topic was "spirituality", what it is, how each person practices it, etc.. <b>This is a women's group.</b> Ages are mixed. We sometimes have lunch for those who wish to stay. Children can be accommodated.
Crones Covenant Group	Enriching the spiritual lives of older women through discussion of topics of mutual interest, often within the program of Small Group Ministry topics offered by First UU program.
Sunday Afternoon Covenant Group	Our intention is to develop caring, supportive, mutually valued relationships. We minister to each other by active listening, sharing joys and sorrows and a commitment to confidentiality. Our meetings center around discussion topics intended to stimulate individual responses. Anyone may choose to share in any part of the meeting or to "pass" at any time.
Tuesday Evening Group	To provide opportunity for spiritual growth and get to know others on a spiritual level in a small group setting, Using the Small Group Ministry format, the meetings encourage free and confidential exchange of ideas without debate. We practice deep listening with one another.
First UU Young Adult Group	To bring together a community of persons 18-35 for spiritual, social, and intellectual enjoyment. Young Adult meetings are open to single, married, and divorced members. There are several members of the group who do not regularly attend church, and a few who are not UUs. All that is required to attend is a willingness to spend time in a non-threatening, non-judgmental environment.
Spirituality Covenant Group (Fridays)	To explore and discuss the multitude of ways that spirituality is revealed, challenged or lived in our contemporary life. This is a highly self-directed group with the next discussion topic selected by the members at the end of each meeting. Each member has the opportunity to contribute by selecting & presenting the meeting's opening/closing words and/or leading the discussion or providing activities. The tone is informal and our interactions are both lively and thoughtful. Beverages and snacks are provided by covenant members. We meet in the North Central area of San Antonio.
Spirituality Covenant Group	To create a supportive and safe environment for all to share; take opportunities to revitalize and re-energize with/for each other, and enhance our group's feeling(s) of connectivity to one another.
Monday Night Gainsayers of the Truth	We covenant together to gain camaraderie, spirituality and growth.

**Saving the World 10 People at a Time**