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## ANNOUNCEMENTS

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**TODAYS USHERS ARE:** Jim Brown, Captain; Bettie Ward, Jean Realini, Debra & Serenity Budd

**GREETERS:** Rowena Rodgers & Brian Lyttle

**LAST WEEK'S ATTENDANCE:** 112

Members and visitors are invited to use the **green comment cards** in the hymnal holders to communicate with the **Committee on Ministry**. Signature is optional. In addition, members are always invited to attend the first half hour of the monthly meeting as listed in the announcements. Completed cards should be deposited in the basket in the foyer.

### THIS WEEK ON CAMPUS

**SUNDAY 07/22**– 9:30a Spiritual Seekers in the Sanctuary classroom; Religious Explorations in the Fellowship Hall; Social Action Committee meeting in the Sophia Fahs room; **11:00a Summer RE; Worship** – Guest Speaker Councilwoman Pattie Raddle; 3:00p - 7:00p SAI Center in the Jefferson; 4:00p – 7:00p Spirit of Peace meeting in the Fellowship Hall, kitchen, library.

**MONDAY 07/23** – 8:00a – 5:00p Sikh Research Institute in the Thoreau & library; 7:00p Insight Meditation Group in the Jefferson.

**TUESDAY 07/24** – 8:00a – 5:00p Sikh Research Institute in the Thoreau and library; 7:00p Codependents Anonymous in the Jefferson Bldg.; **Deadline for submission of articles for the Monthly Newsletter;**

**WEDNESDAY 07/25**– 8:00a – 5:00p Sikh Research Institute in the Thoreau and library; 9:00a – 3:00p Quilting Group in the Library; 2:30p – 6:00p Piano lesson by Dana in the Fellowship Hall; Guitar lessons by Kevin in the Sophia Fahs room; 7:00p – 9:00p Buddhism of the Diamond Way in the Thoreau; Membership Committee meeting in the library.

**THURSDAY 07/26**– 8:00a – 5:00p Sikh Research Institute in the Thoreau and library; 7:00p – 9:00p Enlightened Auctions meeting in the Thoreau; Simplicity Circle meeting in the Sophia Fahs room.

**FRIDAY 07/27**– 8:00a – 5:00p Sikh Research Institute in the Thoreau and library; 7:00p -9:00p The Grace Group meeting in the Thoreau; Mending Our Hearts meeting in the Sophia Fahs room.

**SATURDAY 07/28**– 8:00a – 3:00p Beth Am in the Fellowship Hall, Thoreau, kitchen & library; 7:00p – 9:00p Celestial Celebration Circle LAMMAS meeting in the Jefferson and playground; 7:00p – 10:00p Private party in the Fellowship Hall.

**SUNDAY 07/29**– 9:30a Religious Explorations in the Fellowship Hall; Spiritual Seekers in the Sanctuary classroom; **11:00a Summer RE; Worship;** 12:30p – 2:30p **Farewell Reception for Rev. Eric Posa;** 3:00p – 7:00p SAI Center in the Jefferson; 4:00p – 7:00p Sprit of Peace Church in the Fellowship Hall & library; 6:30p – 8:00p UU Philosophy Class in the Thoreau.

### AROUND THE CHURCH:

#### **OUR ADULT CHOIR is on summer hiatus.**

**CALLING ALL MUSICIANS!** Our Church is seeking the creative services of all our members and friends young and old who make music.

We welcome diversity of styles of music that will enrich our services both during the regular church year and the summer. So if you play or sing music with a message in any style, classical, popular, jazz, rock, blue grass, folk, gospel, country and western, world music, whatever, and you want to contribute to the diversity of our worship, contact Minister of Music Bill Ross in person, by telephone SeePrint, or by email [WJRoss@satx.rUU.com](mailto:WJRoss@satx.rUU.com). You'll be glad you did, and so will we!

**The Simplicity Circle** will meet on **Thursday July 26, at 7:30PM** in the Sofia Fahs Room. All are invited to this informal gathering.

Participants are encouraged to bring a book, article, anecdote or tidbit about Simplicity to share with the circle. Some of the buzz terms associated with Voluntary Simplicity include downshifting, culture jamming, affluenza, inconspicuous consumption, joy to stuff ration, spending fast & work life balance. Voluntary Simplicity is a movement of people in the United States who are rethinking the American Dream. The Simplicity Circle is an informal study group for people who want to share ideas about working, spending & consuming less. The group provides an opportunity to share with friends & neighbors dealing with the same issues. For more information about the circle, contact Jessie Dominguez at [callingkidkarma@hotmailUU.com](mailto:callingkidkarma@hotmailUU.com)

**SOUP LUNCHEAS ARE SCHEDULED FOR THE FIRST AND THIRD SUNDAY OF EACH MONTH.** To schedule a Soup Lunch for your church committee, contact **Julie Lusk at the church office.** **Please do not forget to pick up your dishes after the lunch.**

**Lost & Found: Items will be displayed on the patio for one more Sunday.**

**Kitchen: Please pick up your dishes. If you cannot find your item, call Eva Gonzalez at SeePrint.**

**Please Note: Whatever has been left for a long time, we will use in the kitchen, sell at the Rummage Sale, or give away.**

**Emerson Bookshop's** book arrivals this week include *March, Life After Life, Essential Rumi, Stumbling on Happiness*, Karen King's *Gospel of Mary of Magdala*, Albert Schweitzer's *Quest of the Historical Jesus*, *Watchmaker: Why the Evidence of Evolution Reveals a Universe Without Design*, *Blink* and *Tipping Point*, four books by poet *Mary Oliver* and books by *Thich Nhat Hang* on anger and on fear. Fair trade loose leaf green tea is now available. Our bookshop is open in the sanctuary classroom after most Sunday services.

**SPIRITUAL SEEKERS** group is doing in-depth study of world religions. The approach will be to focus significant time on a religion then move on to the next. Emphasis will be given to relevance to our lives today and the commonalities that link each religion. Contact Jeff at SeePrint or [jaddington@satx.rUU.com](mailto:jaddington@satx.rUU.com). Meets every **Sunday** at 9:30 a.m.

**ADULT RELIGIOUS EXPLORATIONS** – Studying Emerson and Thoreau. For more information call Mark Ackerman SeePrint or email [markackerman@141UU.com](mailto:markackerman@141UU.com). Meets every **Sunday** at 9:30 a.m.

**YOUNG ADULTS** - The Young Adult group meets every other Tuesday evening (i.e. the 2nd and last Tuesday evenings) at the church at 7pm-ish in the Library in Fellowship Hall. Summer Tuesday gathering dates are: **July 10th, July 31st, August 14th and August 28th**. For more information, email Steve at [feinstei@swbellUU.net](mailto:feinstei@swbellUU.net)

**FAITH & REASON FELLOWSHIP:** We will not meet in July. Please join us as we re-convene the first Thursday in August. For more information contact Jim Chesnut at (210) SeePrint or jim@chesnutproductionsUU.com.

**MENDING OUR HEARTS** (a relationship recovery group) meets from 7:00p – 8:30p the **2<sup>nd</sup> & 4<sup>th</sup> Friday** of each month in the Sophia Fahs room. If you are experiencing the pain of a broken relationship, you are not alone. There are others who share your feelings of loss. Join us as we take a healing journey toward rebuilding our strength, hope, and a renewed sense of self. The Relationship Recovery Group will explore the process of grief and loss, help you develop new coping skills, and rebuild your self-confidence in a supportive and caring environment. This group is open to anyone going through the loss of a relationship with a significant other. For more information contact Teresa Cheek at 210-SeePrint or [tcheek1@sbcglobalUU.net](mailto:tcheek1@sbcglobalUU.net).

**THE BUDDHIST STUDY GROUP** meets the **first Sunday** of every month at 6:30 PM in the Sanctuary Classroom. All our meetings begin

with a discussion period followed by meditation. All are welcome, newcomers are encouraged. Contact Dale Moore at SeePrint.

**THE UU PHILOSOPHY CLASS EVERYONE IS INVITED TO VIEW THE DVD OF DR. PHILIP ZIMBARDO'S LECTURE IN THE UU PHILOSOPHY CLASS on July 15th and July 29th.** In the lecture by Dr. Zimbardo discusses his new book "The Lucifer Effect" about the psychological research on why/how ordinary people commit really evil acts. Included in the lecture is his discussion of his expert testimony concerning the torture and abuse at the infamous Abu Graib Prison. In August, we will apply our ethical skills to some of the most famous philosophical ethical 'thought experiments'. We will then continue our research into 'happiness' by studying Daniel Gilbert's book, "Stumbling on Happiness". Dr. Gilbert explains what the cognitive sciences tell us about our ability to find, predict, and obtain 'happiness'. This study will bridge us to our next topic on the Philosophy of Mind and the difficult topic of Consciousness. This study will be based upon lectures of Prof. Daniel N. Robinson, Oxford University, by way of the Teaching Company. The class is led by Bruce Beck, a local philosophy instructor. All are welcome. If you wish to attend or need more information, please contact Bruce Beck (210) SeePrint or [brucebeck@yahooUU.com](mailto:brucebeck@yahooUU.com).

**COMMITTEE ON MINISTRY** meets the **third Monday of each month** in the library. The first 30 minutes is reserved for members of the congregation who wish to speak to the committee. Contact Bill Pridgen at SeePrint.

**LETS KEEP CURRENT...**Have you moved? Have a new email address? New phone number? Please send your updated information to the church office via mail, phone (SeePrint) or email ([fuucsa@sbcglobalUU.net](mailto:fuucsa@sbcglobalUU.net)). Or just check to make sure that I have your information correct.

**WHO ARE YOU?** Church members, please remember to wear your nametags on Sundays. Names tags for members and "in process" members are located on the tag holder in the Fellowship Hall. Guests, **welcome**, and please pick up a name tag at the Guest table and sign the guest register. We would like to get to know you!

**WORLD MAGAZINE** -Do you receive the "UU World" magazine? If you have been getting your copy and are finished with them, please donate your unwanted UU World magazines by leaving them in the church foyer to be given to our visitors who are eager to read about Unitarian Universalism.

A bouquet from your garden, a happy houseplant, a rose from HEB or a flower or two from our beautiful campus can all serve as gestures of appreciation on our Sunday altar. If you choose to remember or revere someone or an occasion on a Sunday, please let Julie know ahead of time. Arline would be glad to assist you.

### **RELIGIOUS EDUCATION:**

**REGISTRATION FORMS** for the 2SeePrint youth religious education year are now available on the RE bulletin board on the patio. Please return your family's form by August 5<sup>th</sup> so that we can anticipate class sizes, supply and volunteer needs. Forms may be returned to RE teachers or to Mary Alice's box in the office. Thank you!

**ATTENTION** High School aged youth! If you are ages 14 -19 and in high school, then our high school youth group, Young Religious Unitarian Universalists (YRUU) is meant for you. We have a very active youth group, and our activities include such things as social action, lock-ins, travel to district events, worship, discussion and time to just hang out. New members are always welcome at our meetings. We meet on Sundays at 12:30 (after church). On the second Sunday of each month, we meet at Community Church since the youth group has members from both churches. Please contact Donna Harrison at [donnaharrison@yahooUU.com](mailto:donnaharrison@yahooUU.com) or 210-SeePrint if you have any questions.

### **MEMBER CARE:**

**Earl Maxwell** was hospitalized for blood clots in his leg on Sunday, but is now home recuperating. Please send cards 2427 Crow Valley St, SATX 78SeePrint.

**Charlie Graham** had hip surgery this past week. Please send cards to 116 Bluet Lane, SATX 78SeePrint.

### **BUILDINGS & GROUNDS:**

**Grounds Work Days** will be the **second Saturday** morning of each month starting at 8:00 AM and will end before noon. Bring work clothing, gloves, and garden implements if you have them. Please contact Doug Yost (210-SeePrint) or Patrick Kendrick (830-SeePrint) if you are willing and able to help.

**M&R** The scheduled time for work projects is the **first Thursday** of the month in the afternoon. Please **join** on TH, or **volunteer** at a time of your convenience, or **sponsor** the cost of a project that you want to see happen at *First UU Church*; **M&R tri-chairs**: Jack Melton [jcmel@sbcglobalUU.net](mailto:jcmel@sbcglobalUU.net); Robert Kadanka [kadankar@gvtcUU.com](mailto:kadankar@gvtcUU.com), Bill Pridgen [npridgen@satx.rrUU.com](mailto:npridgen@satx.rrUU.com) Are you a **M&R VOLUNTEER** want-a-be? Contact Robert Kadanka, Bill Pridgen, or Jack Melton for "mini-projects" Mini-projects are small, simple, and probably do-at-home things that help the church and the overall big picture such as fixing the Mystery Pals Wheels, Painting, etc.

### **DENOMINATIONAL CONNECTIONS:**

#### **THE LARGER COMMUNITY:**

**The Food Bank** needs early morning volunteers through August. Individuals or small groups are welcome. The summer is going strong and we need your help to continue the pace. We need all the earlier risers out there to help volunteer from any time between 6:00am-9:00am Monday-Friday to help make sandwiches and meals to feed the children who are no longer receiving free lunches from school. We are making about 5,000-7,000 meals a day for this program and need the extra help. So if you or anyone that you know like to run early in the morning please decide to come out and get a good work out making sandwiches here at the San Antonio Food Bank located at 5200 Old Highway 90 W San Antonio Texas 78227. Please contact me or Mario Perez our Executive Chef at SeePrint. Thank you for all the support you have given us and if you need anything please do not hesitate to call. *Shawn Brady Volunteer Coordinator*, San Antonio Food Bank, 5200 Old Highway 90 West, San Antonio, TX 78227, 210.431.8311 direct, 210.337.3663 office

**Welcome Guests! COFFEE'S ON US!** Please get some coffee on the patio and give us a chance to get acquainted with you. We're glad you're here. Be sure to ask any questions that are on your mind. *On Sundays that lunch is served we invite you to be our guest for lunch as well.*

**Announcements – Please keep try to keep your announcements short and to the point so that others can also include their announcements.**

This is a Welcoming Congregation. First Unitarian Universalist Church of San Antonio seeks to foster a climate of purposeful inclusion of all regardless of gender, age, race, ethnicity, national origin, disability, sexual orientation, gender identity or expression. If you are lesbian, bisexual, gay, transgender, or if you think you might be, we welcome you to join with us-- to participate fully and openly in our congregational life.

## TO OUR GUESTS!

**YOU MATTER TO US!** And we welcome you to First Unitarian Universalist Church of San Antonio! The Greeters at our Greeter Station would like to meet you, introduce you to some other members, and give you information about our church. We look forward to getting to know you. We hope you will sign the guest register and let us know if you would like to receive our newsletter for a few months to find out more about this religious community and all it offers its members.

**OUR GOAL** is to stimulate religious growth and learning through worship, education, service and fellowship. Our liberal church is united not by creed, but by a common purpose to embrace the compassionate wisdom of all ages and cultures in order to realize the vision of an inclusive community with peace, liberty, and justice for all.

**BECOME A MEMBER OF THIS CHURCH** if you seek spiritual growth for yourself and your children and wish to worship in a community of caring, thinking people. We invite you to take your time to get to know us and appreciate the diversity in our views. Membership is open to those fourteen years of age and older who wish to make a commitment of their time and financial support to their church.

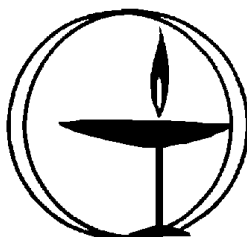
**HOW TO JOIN:** Ask for a membership application from the Greeters table. Leave the completed form with a Greeter, or mail it to the office.

**ELIGIBILITY:** Membership in this church is based upon the voluntary desire of people of good will to live together and work together in a religious fellowship. Any person of at least fourteen (14) years of age may be registered as a member of this Church.

**FREEDOM OF BELIEF:** Each member of this Church shall be free to hold personal opinions and beliefs regarding religious or secular matters.

**REQUIREMENTS:** Prior to being accepted as a member, the following must be accomplished by the applicant:

1. Participate in an orientation program to include the history of Unitarian Universalism and the culture of the First Unitarian Universalist Church of San Antonio.
2. Meet with the Minister or a church officer. If after the orientation program, you feel you need more one on one time with the minister, you may schedule a personal meeting.
3. Make a responsible pledge of financial support and review the current operational budget.
4. Applicants who have recently been a member of another Unitarian Universalist Church or who have attended a recent Coming of Age class may be excused from the orientation requirement.



The flaming chalice, the combination of a drinking vessel and a flame, a symbol of our denomination, unites our members in worship and symbolizes the spirit of our work.

